



4112 41st Ave S
Seattle WA. 98118
t: 206 328 4606 f: 206 760 4168

Heidi B. Gans
Physical Therapy

Confidential Health History

Main reason for today's visit:

What are your goals for health?

What practices and activities sustain you health and well-being?

What causes stress for you?

Who lives in your home?

What kind of work do you do?

List any major illnesses/injuries. Please give dates.

List any surgeries. Please give dates.

List any allergies.

Is there anything else you would like me to know?